

# Atlantic Physical Therapy Center

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## Referral Information

Past Patient: ☐ YES ☐ NO

Whom may we thank for referring you to us?

## Patient Information

### EMAIL:

(Providing email is consenting to receiving emails from Atlantic Physical Therapy Center)

Patient Name: (First, MI, Last, - Sr., Jr., etc)

Social Security #:

Address:

City

State:

Zip Code:

Please check one box as  
PRIMARY contact number.

☐ Home Phone: (     ) -     -     -     -     -

☐ Cell Phone: (     ) -     -     -     -     -

(Providing cell phone is consenting to receive texts. Text and data rates may apply.)

Date of Birth  
(mm-dd-yyyy)

Sex:  
☐ M  
☐ F

Status: ☐ Single ☐ Married  
☐ Divorced ☐ Widowed  
☐ Separated ☐ Unknown

Date of Injury / Onset Date

Auto Related:

☐ Yes - State? \_\_\_\_\_  
☐ No

Work Related:

☐ Yes  
☐ No

Adjustor Name & Telephone #:

Claim #

If Workers Comp, was accident with present Employer? ☐ Yes ☐ No

If No, who was employer? \_\_\_\_\_

Occupation: \_\_\_\_\_

If Auto Accident, Date of Accident: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Type of Accident: Driver / Passenger /  
Pedestrian / Job / Fall / Other

**Do you have Medicare Insurance Coverage?** ☐ No ☐ Yes Are you receiving Home Health Services? ☐ No ☐ Yes

## Primary Insurance Information (Please DO NOT skip this section)

Name of Insurance Company:

Policy or Claim #:

Group # / Policy Holders Employer:

Policy Holder Name:

Date of Birth:

Policy Holders Phone #:

Policy Holder Address:

**Patient Relationship to Policy Holder:**

☐ Self ☐ Spouse ☐ Dependent ☐ Other

## Secondary Insurance Information (Backup if Auto is Primary)

Name of Insurance Company:

Policy or Claim #:

Group # / Policy Holders Employer:

Policy Holder Name:

Date of Birth:

Policy Holders Phone #:

Policy Holder Address:

**Patient Relationship to Policy Holder:**

☐ Self ☐ Spouse ☐ Dependent ☐ Other

## Employer Information

Employer Name:

Employer Phone #:

Employment Status: ☐ None

☐ FT ☐ PT ☐ Self-Emp. ☐ Retired ☐ Student

Address:

City

State:

Zip Code:

## Emergency Contact Information

Contact Name:

Phone #

Relationship to Patient:

☐ Parent ☐ Spouse ☐ Sibling ☐ Child ☐ Other

## Financial Policy

As the patient, you are responsible for knowing the policies and procedures of your insurance plan, including pre-certification requirements, limitations, maximum benefits, co-payments, etc. As a courtesy, we will submit all primary and secondary insurance billing. Any remaining balance such as co-insurance, deductible, etc. is your responsibility. If you have any questions, please speak to a member of our office staff.

I \_\_\_\_\_ authorize Atlantic Physical Therapy Center to treat me as per my doctor's prescription and to release to my insurance company/Employer any information concerning health care, advice, treatment, or supplies provided to me. This information will be used for the purpose of evaluating claims for benefits.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

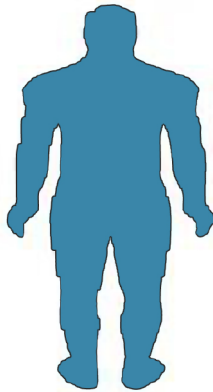
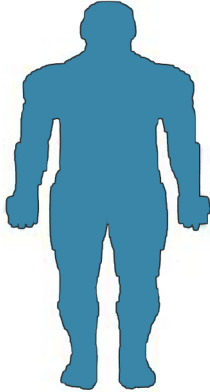
## Atlantic Physical Therapy Center Pain Profile

1. What activities increase your problem: \_\_\_\_\_
2. What activities decrease your problem: \_\_\_\_\_
3. Are you presently working?    Yes ☐    No ☐    Occupation: \_\_\_\_\_
4. What do you hope to accomplish with PT? \_\_\_\_\_
5. **REQUIRED BY INSURANCE** – Please provide us your Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Please shade/circle in the areas that correspond to your pain or numbness

**FRONT**

**BACK**



**Please Rate Pain**

(0 = none; 10 = worst)

0  
1  
2  
3  
4  
5  
6  
7  
8  
9  
10

### Injury Information

Work Related Injury    Athletic Injury    Motor Vehicle Accident    Other: \_\_\_\_\_  
Date of Injury / Surgery \_\_\_\_\_ Date of next doctor's visit \_\_\_\_\_

Have you ever had these symptoms before? \_\_\_\_\_

Please check any of the following that apply to you:

- |   |  |
|---|--|
| <input type="checkbox"/> Diabetes                           | <input type="checkbox"/> Allergies to Aspirin    |
| <input type="checkbox"/> Chest pain / Angina                | <input type="checkbox"/> Allergies to Heat       |
| <input type="checkbox"/> High Blood Pressure                | <input type="checkbox"/> Allergies to Cold       |
| <input type="checkbox"/> Heart Disease                      | <input type="checkbox"/> Other Allergies         |
| <input type="checkbox"/> Heart Attack                       | <input type="checkbox"/> Hernia                  |
| <input type="checkbox"/> Heart Palpitations                 | <input type="checkbox"/> Seizures                |
| <input type="checkbox"/> Pacemaker                          | <input type="checkbox"/> Metal Implants          |
| <input type="checkbox"/> Headaches                          | <input type="checkbox"/> Dizziness / Fainting    |
| <input type="checkbox"/> Kidney Problems                    | <input type="checkbox"/> Recent Fractures        |
| <input type="checkbox"/> Cancer                             | <input type="checkbox"/> Surgeries               |
| <input type="checkbox"/> Bowel / Bladder Abnormalities      | <input type="checkbox"/> Skin Abnormalities      |
| <input type="checkbox"/> Liver / Gall Bladder Abnormalities | <input type="checkbox"/> Ringing in your Ears    |
| <input type="checkbox"/> Asthma / Breathing Difficulties    | <input type="checkbox"/> Nausea / Vomiting       |
| <input type="checkbox"/> Smoking                            | <input type="checkbox"/> Special Diet Guidelines |
| <input type="checkbox"/> Osteopenia / Osteoporosis          | <input type="checkbox"/> Rheumatoid Arthritis    |

Is there any information in your past medical history that we should know about?

Are you presently taking any medication? \_\_\_\_\_ if yes, please list medications:

Patient Name (Printed): \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

## **HIPAA PRIVACY POLICY NOTICE**

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

Disclose health information in order to conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment both directly and indirectly.

Disclose your health information in order to receive payment for the services we provide to you.

Disclose your health information for normal healthcare operations such as quality assessments and physician certifications.

### **PATIENT RIGHTS REGARDING MEDICAL INFORMATION**

**The Right to Inspect and Copy Your Information:** You may review and copy your medical records and information.

**The Right to Amend:** You may ask that we amend your health information if you believe that your information is incomplete or incorrect.

**The Right to Request Restrictions:** You may request a restriction or limitation on how and what health information we disclose regarding you for treatment, payment of health operations or to your family or care-givers.

**The Right to Confidential Communications:** You may request that we communicate with you about medical matters in a certain format or a specific location.

**The Right to Receive a Copy of this Notice:** You may request and receive a copy of this notice (or our current notice) at any time by contacting this organization.

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Print Patient Name

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Relationship to Patient

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Signature

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Date

PATIENT NAME: \_\_\_\_\_ ID#: \_\_\_\_\_ DATE: \_\_\_\_\_

**Description:** This survey is meant to help us obtain information from our patients regarding their current levels of discomfort and capability. Please circle the answers below that best apply.

**1. Please rate your pain level with activity:** NO PAIN = 0 1 2 3 4 5 6 7 8 9 10 = VERY SEVERE PAIN

### NECK DISABILITY INDEX – INITIAL VISIT

#### **1. Pain Intensity**

- (0) I have no pain at the moment.
- (1) The pain is very mild at the moment.
- (2) The pain is moderate at the moment.
- (3) The pain is fairly severe at the moment.
- (4) The pain is very severe at the moment.
- (5) The pain is the worse imaginable at the moment.

#### **2. Personal Care (washing, dressing, etc)**

- (0) I can look after myself normally without extra pain.
- (1) I can look after myself normally but it causes extra pain.
- (2) It is painful to look after myself and I am slow and careful.
- (3) I need some help but manage most of my personal care.
- (4) I need help every day in most aspects of self care.
- (5) I cannot get dressed, wash with difficulty and stay in bed

#### **3. Lifting**

- (0) I can lift heavy weights without extra pain.
- (1) I can lift heavy weights but it gives me extra pain.
- (2) Pain prevents me from lifting heavy weights off the floor but I can manage if they are on a table.
- (3) Pain prevents me from lifting heavy weights but I can manage if they are conveniently placed.
- (4) I can lift only very light weights.
- (5) I cannot lift or carry anything at all.

#### **4. Headache**

- (0) I have no headaches at all.
- (1) I have slight headaches which come infrequently.
- (2) I have moderate headaches which come infrequently.
- (3) I have moderate headaches which come frequently.
- (4) I have severe headaches which come infrequently.
- (5) I have headaches almost all the time.

#### **5. Recreation**

- (0) I am able engage in all my recreational activities without pain.
- (1) I am able to engage in my recreational activities with some pain.
- (2) I am able to engage in most but not all of my usual recreational activities because of my neck pain.
- (3) I am able to engage in a few of my usual recreational activities with some neck pain.
- (4) I can hardly do any recreational activities because of neck pain.
- (5) I can't do any recreational activities at all.

#### **6. Reading**

- (0) I can read as much as I want with no pain in my neck.
- (1) I can read as much as I want with slight neck pain.
- (2) I can read as much as I want with moderate neck pain.
- (3) I can't read as much as I want because of moderate neck pain.
- (4) I can hardly read at all because of severe neck pain.
- (5) I cannot read at all because of neck pain.

#### **7. Work**

- (0) I can do as much as I want to.
- (1) I can only do my usual work but no more.
- (2) I can do most of my usual work but no more.
- (3) I cannot do my usual work.
- (4) I can hardly do any usual work at all.
- (5) I can't do any work at all.

#### **8. Sleeping**

- (0) Pain does not prevent me from sleeping well.
- (1) My sleep is slightly disturbed (<1 hr sleep loss).
- (2) My sleep is mildly disturbed (1-2 hr sleep loss).
- (3) My sleep is moderately disturbed (2-3 hr sleep loss).
- (4) My sleep is greatly disturbed (3-4 hr sleep loss).
- (5) My sleep is completely disturbed (5-7 hr sleep loss).

#### **9. Concentration**

- (0) I can concentrate fully when I want with no difficulty.
- (1) I can concentrate fully when I want with slight difficulty.
- (2) I have a fair degree of difficulty concentrating when I want.
- (3) I have a lot of difficulty concentrating when I want.
- (4) I have great difficulty concentrating when I want.
- (5) I cannot concentrate at all.

#### **10. Driving**

- (0) I can drive my car without neck pain.
- (1) I can drive my car as long as I want with slight neck pain.
- (2) I can drive my car as long as I want with moderate neck pain.
- (3) I can't drive my car as long as I want because of moderate pain.
- (4) I can hardly drive my car at all because of severe neck pain.
- (5) I can't drive my car at all.

*Neck Disability Index © Vernon H. and Mior S., 1991.*

Therapist Use Only		
Comorbidities:	<input type="checkbox"/> Cancer	<input type="checkbox"/> Neurological Disorders (e.g., Parkinson's, Muscular Dystrophy, Huntington's, CVA, Alzheimer's, TBI)
	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Obesity
	<input type="checkbox"/> Heart Condition	<input type="checkbox"/> Surgery for this Problem
	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Systemic Disorders (e.g., Lupus, Rheumatoid Arthritis, Fibromyalgia)
	<input type="checkbox"/> Multiple Treatment Areas	
		ICD9 Code: